

Saskatchewan Diabetes Directory

February 2015



A Directory of Diabetes Services and Contacts in Saskatchewan

This Directory will help health care providers and the general public find diabetes contacts in each health region as well as in First Nations communities.

The information in the Directory will be of value to new or long-term Saskatchewan residents who need to find out about diabetes services and resources, or health care providers looking for contact information for a client or for themselves.

If you find information in the directory that needs to be corrected or edited, contact:

Primary Health Services Branch
Phone: (306) 787-0889
Fax : (306) 787-0890
E-mail: info@health.gov.sk.ca

Acknowledgement

The Saskatchewan Ministry of Health acknowledges the efforts/work/contribution of the Saskatoon Health Region staff in compiling the Saskatchewan Diabetes Directory.

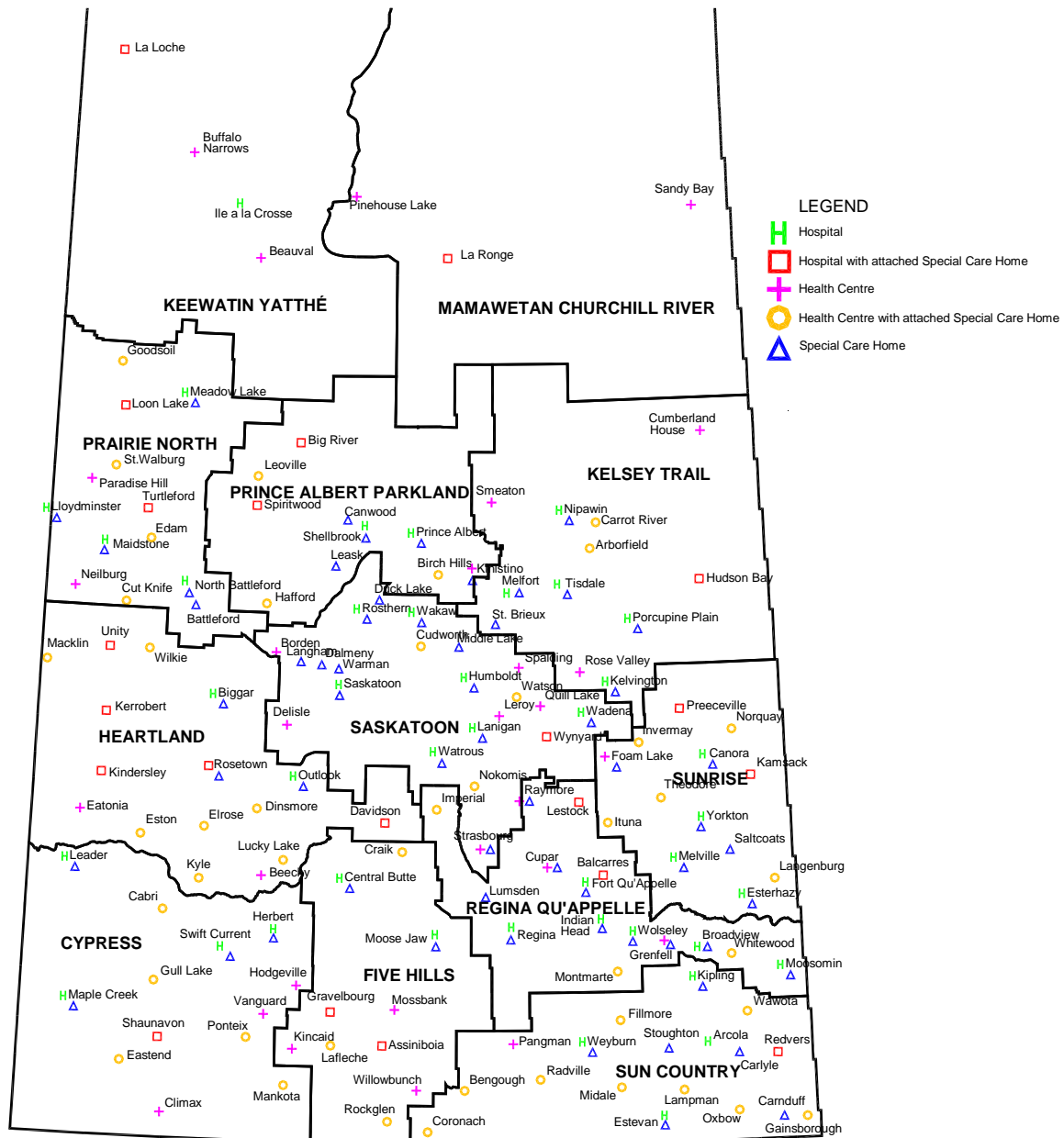


Table of Contents

TABLE OF CONTENTS	- 1 -
SASKATCHEWAN HEALTH REGIONS MAP	- 3 -
WHAT HEALTH REGION IS YOUR COMMUNITY IN?	3 -
ATHABASCA HEALTH AUTHORITY	- 4 -
MAP	4 -
ATHABASCA HEALTH AUTHORITY CONTACTS.....	5
ABORIGINAL HEALTH CONTACTS FOR ATHABASCA HEALTH REGION	5
CYPRESS HEALTH REGION	6
CYPRESS HEALTH REGION MAP.....	6
CYPRESS HEALTH REGION CONTACTS.....	7
ABORIGINAL HEALTH CONTACTS FOR CYPRESS HEALTH REGION.....	7
FIVE HILLS HEALTH REGION	8
FIVE HILLS HEALTH REGION MAP	8
FIVE HILLS HEALTH REGION CONTACTS	9
ABORIGINAL HEALTH CONTACTS FOR FIVE HILLS HEALTH REGION	9
HEARTLAND HEALTH REGION	10
HEARTLAND HEALTH REGION MAP.....	10
HEARTLAND HEALTH REGION CONTACTS	11
ABORIGINAL HEALTH CONTACTS FOR HEARTLAND HEALTH REGION	11
KEEWATIN YATTHÉ HEALTH REGION	12
KEEWATIN YATTHÉ HEALTH REGION MAP	12
KEEWATIN YATTHÉ HEALTH REGION CONTACTS	13
ABORIGINAL HEALTH CONTACTS FOR KEEWATIN YATTHÉ HEALTH REGION	13
KELSEY TRAIL HEALTH REGION	14
KELSEY TRAIL HEALTH REGION MAP.....	14
KELSEY TRAIL HEALTH REGION CONTACTS.....	15
ABORIGINAL HEALTH CONTACTS FOR KELSEY TRAIL HEALTH REGION.....	15
MAMAWETAN CHURCHILL RIVER HEALTH REGION	17
MAMAWETAN CHURCHILL HEALTH REGION MAP.....	17
MAMAWETAN CHURCHILL HEALTH REGION CONTACTS.....	18
ABORIGINAL HEALTH CONTACTS FOR MAMAWETAN CHURCHILL HEALTH REGION.....	19

PRAIRIE NORTH HEALTH REGION.....	20
PRAIRIE NORTH HEALTH REGION MAP	20
PRAIRIE NORTH HEALTH REGION CONTACTS	21
ABORIGINAL HEALTH CONTACTS FOR PRAIRIE NORTH HEALTH REGION	22
UNAFFILIATED FIRST NATIONS IN THE PRAIRIE NORTH HEALTH REGION	23
PRINCE ALBERT PARKLAND HEALTH REGION	24
PRINCE ALBERT PARKLAND HEALTH REGION MAP.....	24
PRINCE ALBERT PARKLAND HEALTH REGION CONTACTS	25
ABORIGINAL HEALTH CONTACTS FOR PRINCE ALBERT PARKLAND HEALTH REGION.....	25
REGINA QU'APPELLE HEALTH REGION.....	27
REGINA QU'APPELLE HEALTH REGION MAP	27
REGINA QU'APPELLE HEALTH REGION CONTACTS.....	28
ABORIGINAL HEALTH CONTACTS FOR REGINA QU'APPELLE HEALTH REGION.....	29
SASKATOON HEALTH REGION	31
SASKATOON HEALTH REGION MAP	31
SASKATOON HEALTH REGION CONTACTS.....	32
ABORIGINAL HEALTH CONTACTS FOR SASKATOON HEALTH REGION	33
SUN COUNTRY HEALTH REGION	34
SUN COUNTRY HEALTH REGION MAP	34
SUN COUNTRY HEALTH REGION CONTACTS	35
ABORIGINAL HEALTH CONTACTS FOR SUN COUNTRY HEALTH REGION	36
SUNRISE HEALTH REGION	37
SUNRISE HEALTH REGION MAP	37
SUNRISE HEALTH REGION CONTACTS	38
ABORIGINAL HEALTH CONTACTS FOR SUNRISE HEALTH REGION	38
OTHER FIRST NATIONS DIETITIAN CONTACTS.....	40
SASKATCHEWAN HEALTH REGION MAIN OFFICES.....	41
FIRST NATIONS ADMINISTRATIVE CONTACTS.....	42
FIRST NATIONS COMMUNITIES	45

Saskatchewan Health Regions Map



What health region is your community in?

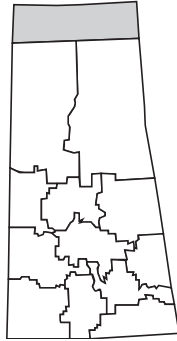
For a complete list of Saskatchewan communities and First Nations, showing which health region they are in, see these online lists:

www.health.gov.sk.ca/rha-community-list

www.health.gov.sk.ca/rha-First-Nations-community-list

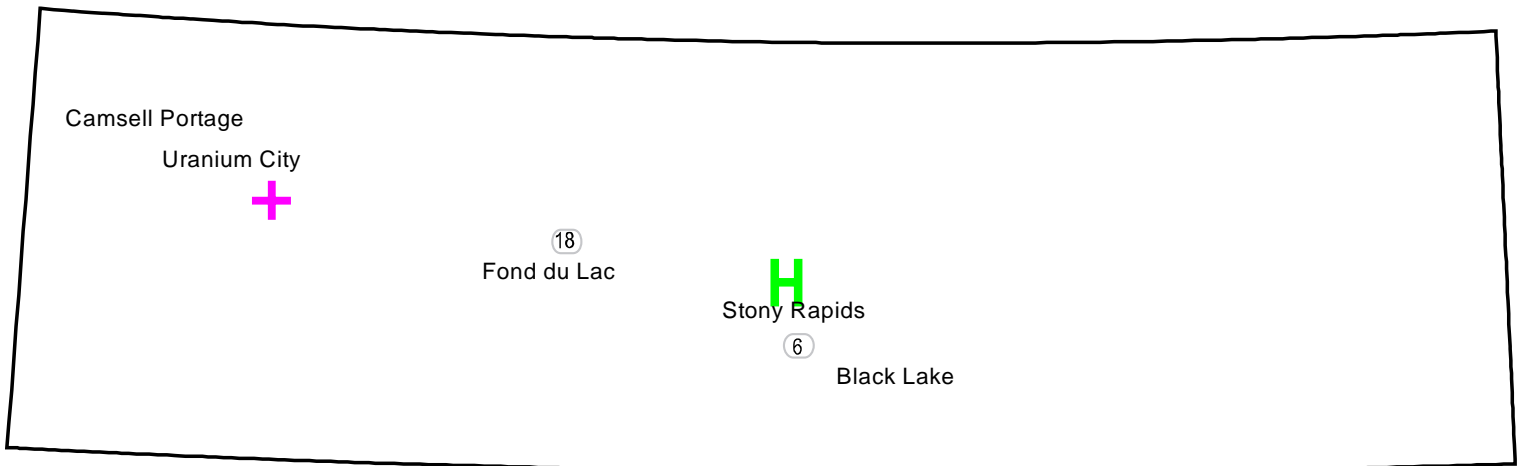
Athabasca Health Authority

Map



LEGEND

-  Hospital
-  Hospital with attached Care Home
-  Health Centre
-  Health Centre with attached Special Care Home
-  Special Care Home
-  First Nations Community



Athabasca Health Authority Contacts

Athabasca Health Authority Hospital

Box 124
Black Lake, SK S0J 0H0

Fond-du-Lac Health Centre

Box 211
Fond-du-Lac, SK S0J 0W0

**Athabasca Health Authority Hospital
(Stony Rapids)**

Contact: Primary Care Nurse
Phone: (306) 439-2200
Fax: (306) 439-4810

Fond-du-Lac Health Center

Contact: Nurse in Charge
Phone: (306) 686-2003
Fax: (306) 686-2145

Black Lake Health Centre

Box 35
Black Lake, SK S0J 0H0

Uranium City Health Centre

General Delivery
Uranium City, SK S0J 2W0

**Uranium City Health Center (Uranium City,
Camsell Portage)**

Contact: Nurse in Charge
Phone: (306) 498-2412
Fax: (306) 498-2577

Black Lake Health Centre

Contact: Nurse in Charge
Phone: (306) 284-2020
Fax: (306) 284-2090 or 284-2179

Aboriginal Health Contacts for Athabasca Health Region

Prince Albert Grand Council

Box 2410
Prince Albert, SK S6V 7G3
Phone: (306) 953-7253
Fax: (306) 922-2955

#6 Black Lake Dene Nation**#18 Fond du Lac Dene Nation**

No Diabetes Nurse Educator/Dietitian services offered on reserve.

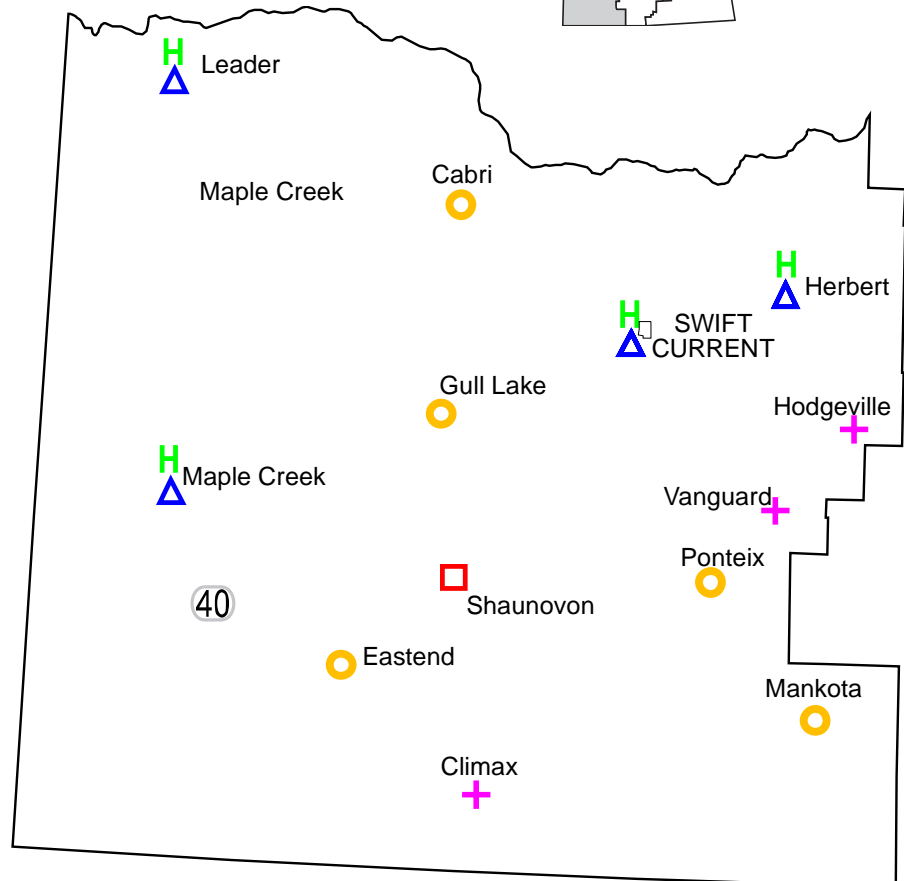
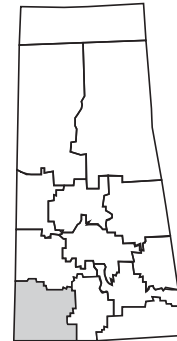
Can have Diabetes services by making appointment at Prince Albert Grand Council office.

Cypress Health Region

Map

LEGEND

-  Hospital
-  Hospital with attached Care Home
-  Health Centre
-  Health Centre with attached Special Care Home
-  Special Care Home
-  First Nations Community



Cypress Health Region Contacts

Diabetes Education Program

Cypress Regional Hospital
2004 Saskatchewan Drive
Swift Current, SK S9H 3X6

Diabetes Nurse Educators

**All Referrals should be forwarded to PHC Reception @ (306) 778-5442*

Cypress Health Region – Rural/Inpatients

Program Facilitator
Phone: (306) 778-9489 or (306) 774-4121
Fax: (306) 778-5442

Swift Current

Phone: (306) 778-5446
Fax: (306) 778-5442

Dietitians

**All Referrals should be forwarded to Dietitian in Swift Current*

Swift Current/Shاونавон/Climax

Phone: (306) 778-5448 or
(306) 778-5252 or (306) 741-3897
Fax: (306) 778-5442

Eastend, Ponteix

Phone: (306) 625-5104
Fax: (306) 778-5442

Gull Lake, Maple Creek

Phone: (306) 672-4705
Fax: (306) 778-5442

Cabri, Herbert, Hodgeville, Leader, Vanguard

Phone: (306) 778-5416
Fax: (306) 778-5442

Aboriginal Health Contacts for Cypress Health Region

File Hills Qu'Appelle Tribal Council

Box 985
Fort Qu'Appelle, SK S0G 1S0

#41 Nekaneet First Nation

Diabetes Nurse Educator

Phone: (306) 332-2618
Fax: (306) 332-2655

Dietitian

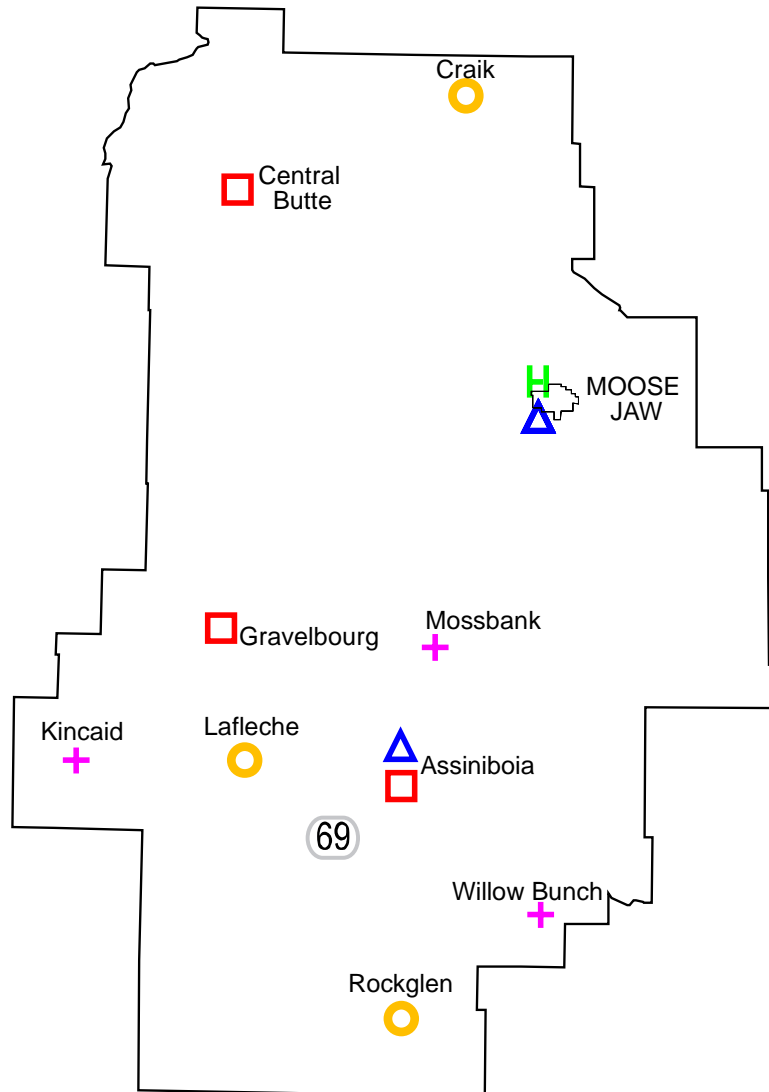
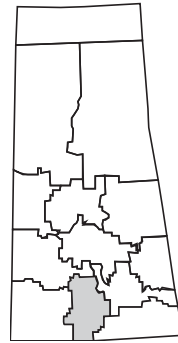
Phone: (306) 332-2448
Fax: (306) 332-3790

Five Hills Health Region

Map

LEGEND

-  Hospital
-  Hospital with attached Care Home
-  Health Centre
-  Health Centre with attached Special Care Home
-  Special Care Home
-  First Nations Community



Five Hills Health Region Contacts

Patient Education Centre

Moose Jaw Union Hospital
455 Fairford Street East
Moose Jaw, SK S6H 1H3

Phone: (306) 694-0364 or 694-0230

All referrals for FHHR are triaged through central number in Moose Jaw

Dietitians, Chronic Disease Nurse Educators, Cardiac Rehab Nurse Educator, Cardiac Exercise Therapist

Moose Jaw

Phone: (306) 694-0230 or
(306) 694-0364
Fax: (306) 694-0241

Aboriginal Health Contacts for Five Hills Health Region

#69 Wood Mountain First Nation**Diabetes Nurse Educator**

Phone: (306) 332-2618
Fax: (306) 332-2655







Dietitian

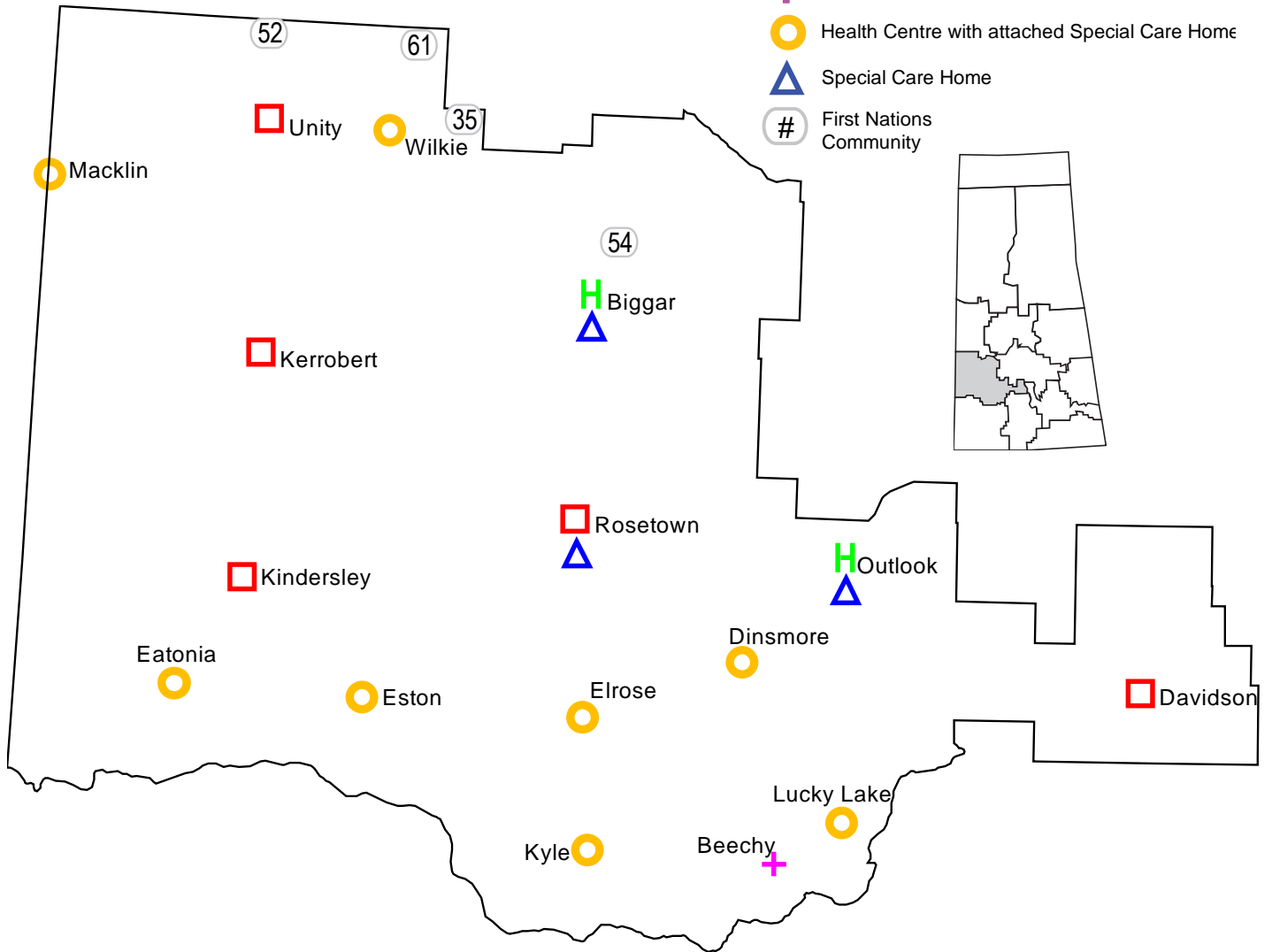
Phone: (306) 332-2448
Fax: (306) 332-3790

Heartland Health Region

Map

LEGEND

-  Hospital
-  Hospital with attached Care Home
-  Health Centre
-  Health Centre with attached Special Care Home
-  Special Care Home
-  First Nations Community



Heartland Health Region Contacts

Heartland Health Region - Centralized Referrals**Rosetown Community Services**

Box 1300
Rosetown, SK S0L 2V0
Phone: (306) 882-6413
Fax: (306) 882-6474

Diabetes Nurse Educators**Outlook, Wilkie, Biggar, Rosetown,
Davidson & surrounding areas**

Phone: (306) 948-6041
Fax: (306) 948-2011

**Kerrobert, Macklin, Unity, Kindersley, Eston
and surrounding areas**

Phone: (306) 463-1000
Fax: (306) 463-4550

Dietitians**Biggar, Macklin, Unity, Wilkie**

Phone: (306) 834-7249
Fax: (306) 834-2972

Davidson, Outlook, Lucky Lake, Beechy

Phone: (306) 867-8676 ext 409
Fax: (306) 867-9449

**Dodsland, Eatonia, Eston, Kerrobert,
Kindersley**

Phone: (306) 463-1000 ext 223
Fax: (306) 463-4550

Rosetown, Kyle, Dinsmore, Elrose

Phone: (306) 882-6413 ext 230
Fax: (306) 882-6474

Aboriginal Health Contacts for Heartland Health Region

Battle River Treaty 6 Health Centre

1192-101st Street, P.O. Box 1658
North Battleford, SK S9A 3W2

#36 Mosquito, Grizzly Bear's Head, Lean Man First Nation**#55 Red Pheasant First Nation****Diabetes Nurse Educator**

Phone: (306) 937-6700
Fax: (306) 445-3489

Dietitian

Phone: (306) 937-6700
Fax: (306) 445-3489


Exercise Therapist

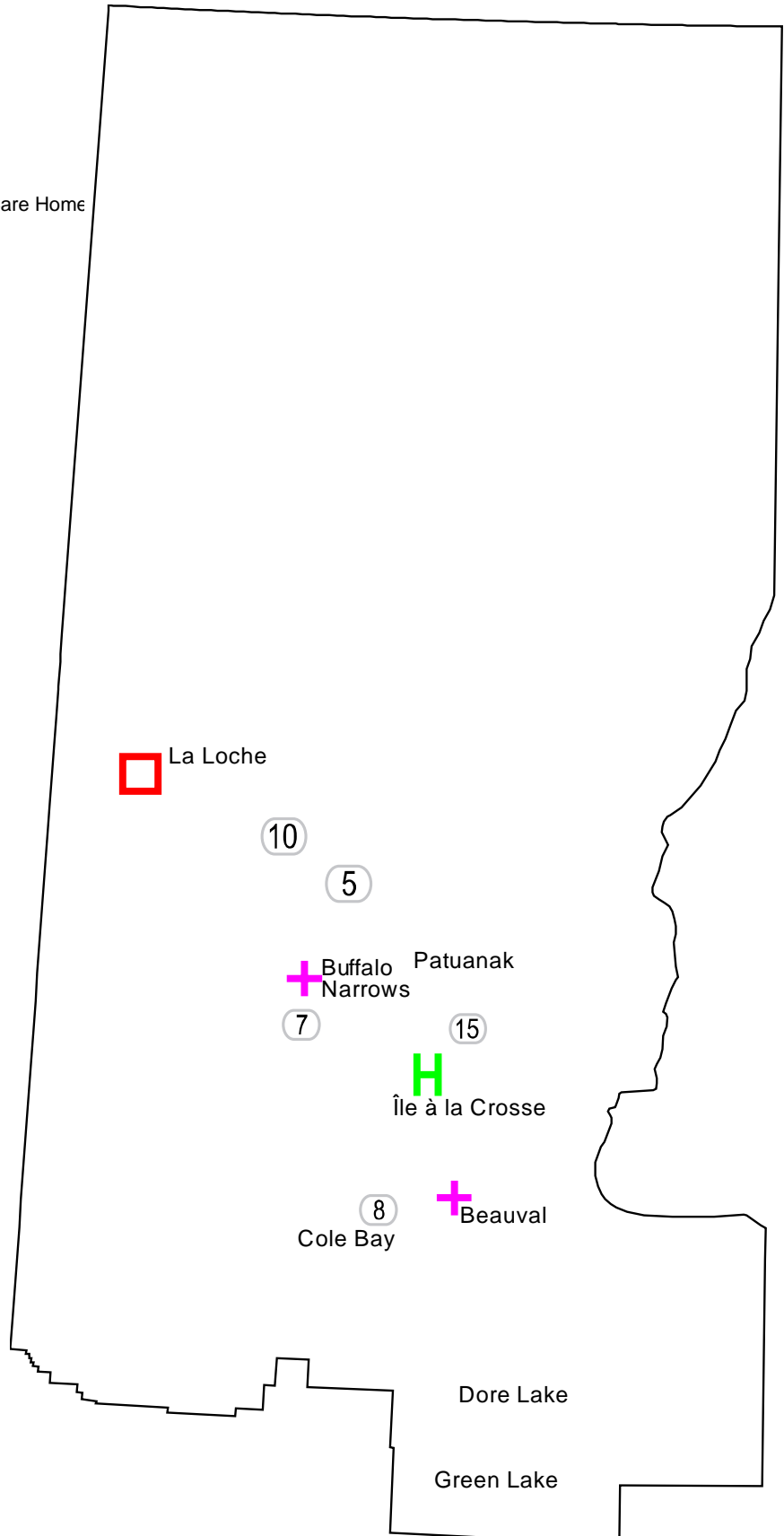
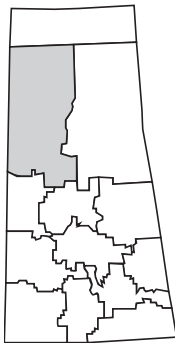
Phone: (306) 937-6700
Fax: (306) 445-3489

Keewatin Yatthé Health Region

Map

LEGEND

-  Hospital
-  Hospital with attached Care Home
-  Health Centre
-  Health Centre with attached Special Care Home
-  Special Care Home
-  First Nations Community



Keewatin Yatthé Health Region Contacts

Regional Diabetes Education Program

Box 40

Buffalo Narrows, SK S0M 0J0

Diabetes Nurse Educator

**Beauval, Buffalo Narrows, Green Lake,
La Loche, Ile a la Crosse**

Phone: (306) 235-5842

Fax: (306) 235-4390

Dietitian

**Ile a la Crosse (Beauval, Buffalo Narrows,
Green Lake, La Loche)**

Phone: (306) 833-3360

Fax: (306) 833-2474

Aboriginal Health Contacts for Keewatin Yatthé Health Region

Meadow Lake Tribal Council**Flying Dust First Nation**

Meadow Lake, SK S9X 1T8

#5 Birch Narrows First Nation**#7 Buffalo River Dene Nation****#8 Canoe Lake Cree First Nation****#10 Clearwater River Dene Nation****#15 English River First Nation****Contact the Nurse in the First Nations Community****Birch Narrows First Nation Health Centre**

Phone: (306) 894-2112

Fax: (306) 894-2088

Buffalo River Dene Nation

Phone: (306) 282-2011

Fax: (306) 282-2117

**Canoe Lake Cree First Nation Treatment
Centre**

Phone: (306) 829-2140

Fax: (306) 829-4287

Clearwater River Dene Nation Health Centre

Phone: (306) 822-2378

Fax: (306) 822-2297

English River First Nation Nursing Station

Phone: (306) 396-2072

Fax: (306) 396-2047

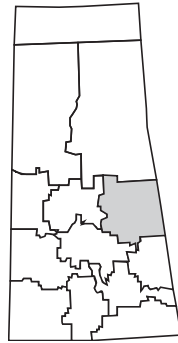
Dietitian (For All above First Nations Communities)

Phone: (306) 236-5817





Fax: (306) 236-3232

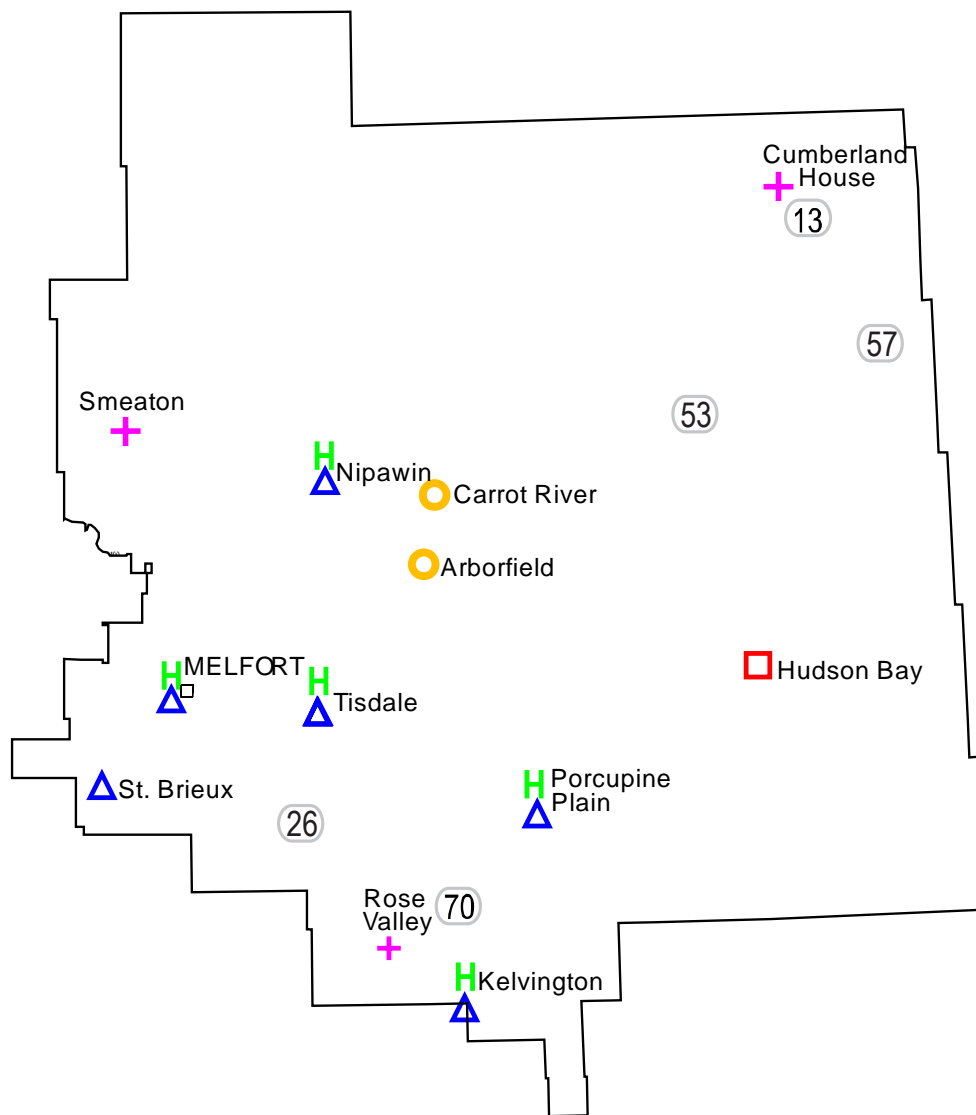
Kelsey Trail Health Region

Map



LEGEND

-  Hospital
-  Hospital with attached Care Home
-  Health Centre
-  Health Centre with attached Special Care Home
-  Special Care Home
-  First Nations Community



Kelsey Trail Health Region Contacts

Box 1480
Melfort, SK S0E 1A0

Box 389
Nipawin, SK S0E 1E0

Box 1630
Tisdale, SK S0E 1T0

Diabetes Nurse Educators

Melfort (Naicam, St. Brieux)
Phone: (306) 752-8786
Fax: (306) 752-8711

Nipawin (Arborfield, Carrot River, Smeaton, Cumberland House)
Phone: (306) 862-9822
Fax: (306) 862-3250

Tisdale (Hudson Bay, Kelvington, Porcupine Plain, Rose Valley)
Phone: (306) 873-6522
Fax: (306) 873-1049
Reception: (306) 873-3760

Dietitians

Melfort (Naicam, St. Brieux)
Phone: (306) 752-8751 or 752-8785
Fax: (306) 752-8711

Nipawin (Arborfield, Carrot River, Smeaton, Cumberland House)
Phone: (306) 862-7255 or 862-9822
Fax: (306) 862-3250

Tisdale (Hudson Bay, Kelvington, Porcupine Plain, Rose Valley)
Phone: (306) 873-6523
Fax: (306) 873-1049
Reception: (306) 873-3760

Aboriginal Health Contacts for Kelsey Trail Health Region

Prince Albert Grand Council
Box 2410
Prince Albert, SK S6V 7G3

#13 Cumberland House Cree Nation
#54 Red Earth First Nation
#58 Shoal Lake Cree Nation

Diabetes Nurse Educator
Phone: (306) 953-7253
Fax: (306) 763-6611

Kelsey Trail Health Region

Dietitian

Phone: (306) 953-7248

Fax: (306) 922-2955

#27 Kinistin Saulteaux Nation

#70 Yellow Quill First Nation

Saskatoon Tribal Council

200 – 335 Packham Avenue

Saskatoon, SK S7N 4S1

Forward all referrals to Dietitian and to Nurse at the First Nation Health Centre

Community Health Nurses/Home Care Nurses

Kinistin Saulteaux Nation Wellness Clinic

Phone: (306) 878-8181

Fax: (306) 873-3550

Yellow Quill First Nation Health Clinic

Phone: (306) 322-2041

Fax: (306) 322-5970

Saskatoon Tribal Council

Dietitian






Phone: (306) 956-6142

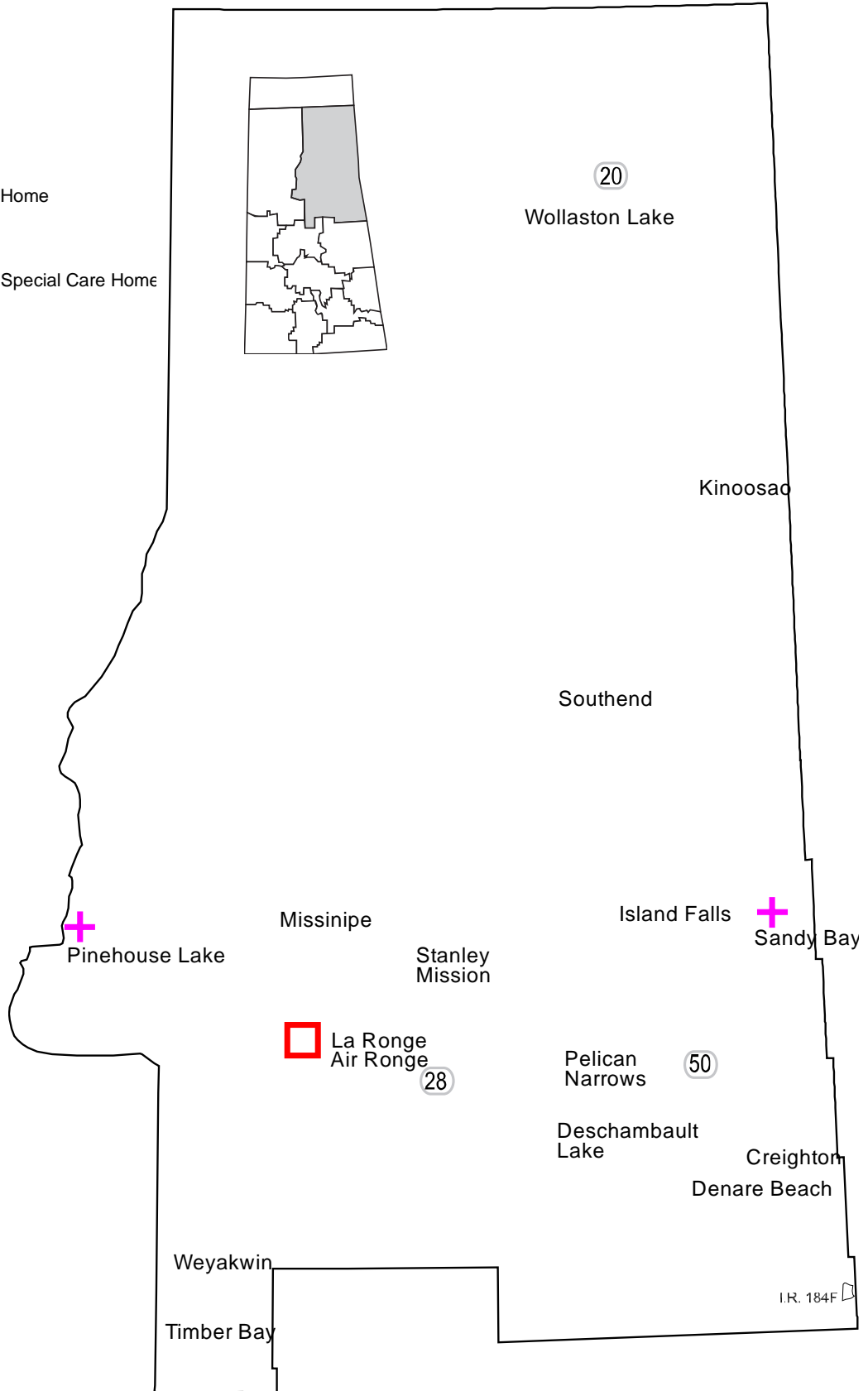
Fax: (306) 956-0307

Mamawetan Churchill River Health Region

Map

LEGEND

-  Hospital
-  Hospital with attached Care Home
-  Health Centre
-  Health Centre with attached Special Care Home
-  Special Care Home
-  First Nations Community



Mamawetan Churchill River Health Region Contacts

Primary Health Care Services

Box 6000
La Ronge, SK S0J 1L0

Creighton Health Centre

Box 219
Creighton, SK S0P 0A0

Sandy Bay Clinic

Box 39
Sandy Bay, SK S0P 0G0

Pinehouse Health Clinic

Box 296
Pinehouse Lake, SK S0J 2B0

Stanley Mission Health Station

Box 320
Stanley Mission, SK S0J 2P0

Southend Health Centre

General Delivery
Southend, SK S0J 2L0

Diabetes Nurse Educator**Creighton**

Phone: (306) 688-8624
Fax: (306) 688-8629

La Ronge

Phone: (306) 425-4826
Fax: (306) 425-4199

**Pinehouse, Sandy Bay, Stanley Mission,
Southend**

*DNE services are provided to these areas
by telehealth or visits and
requests/referrals go directly to the Nurse
in Charge at the Health Clinics*

Pinehouse**Nurse in Charge**

Phone: (306) 884-5670
Fax: (306) 884-5699

Sandy Bay**Nurse in Charge**

Phone: (306) 754-5400
Fax: (306) 754-5429

Southend**Nurse in Charge**

Phone: (306) 758-2063
Fax: (306) 758-2050

Stanley Mission**Nurse in Charge**

Phone: (306) 635-2090
Fax: (306) 635-2189

Dietitian

Phone: (306) 425-4813
Fax: (306) 425-5513

Aboriginal Health Contacts for Mamawetan Churchill River Health Region

Prince Albert Grand Council

Box 2410

Prince Albert, SK S6V 7G3

#20 Hatchet Lake First Nation

Diabetes Nurse Educator

Phone: (306) 953-7253

Fax: (306) 922-763-6611

Dietitian

Phone: (306) 953-7248

Fax: (306) 922-2955

Mamawetan Churchill River Health Authority

Box 6000

La Ronge, SK SOJ 1L0

#28 Lac La Ronge Indian Band

#50 Peter Ballantyne Cree Nation

Home Care Nurse


Phone: (306) 425-3600

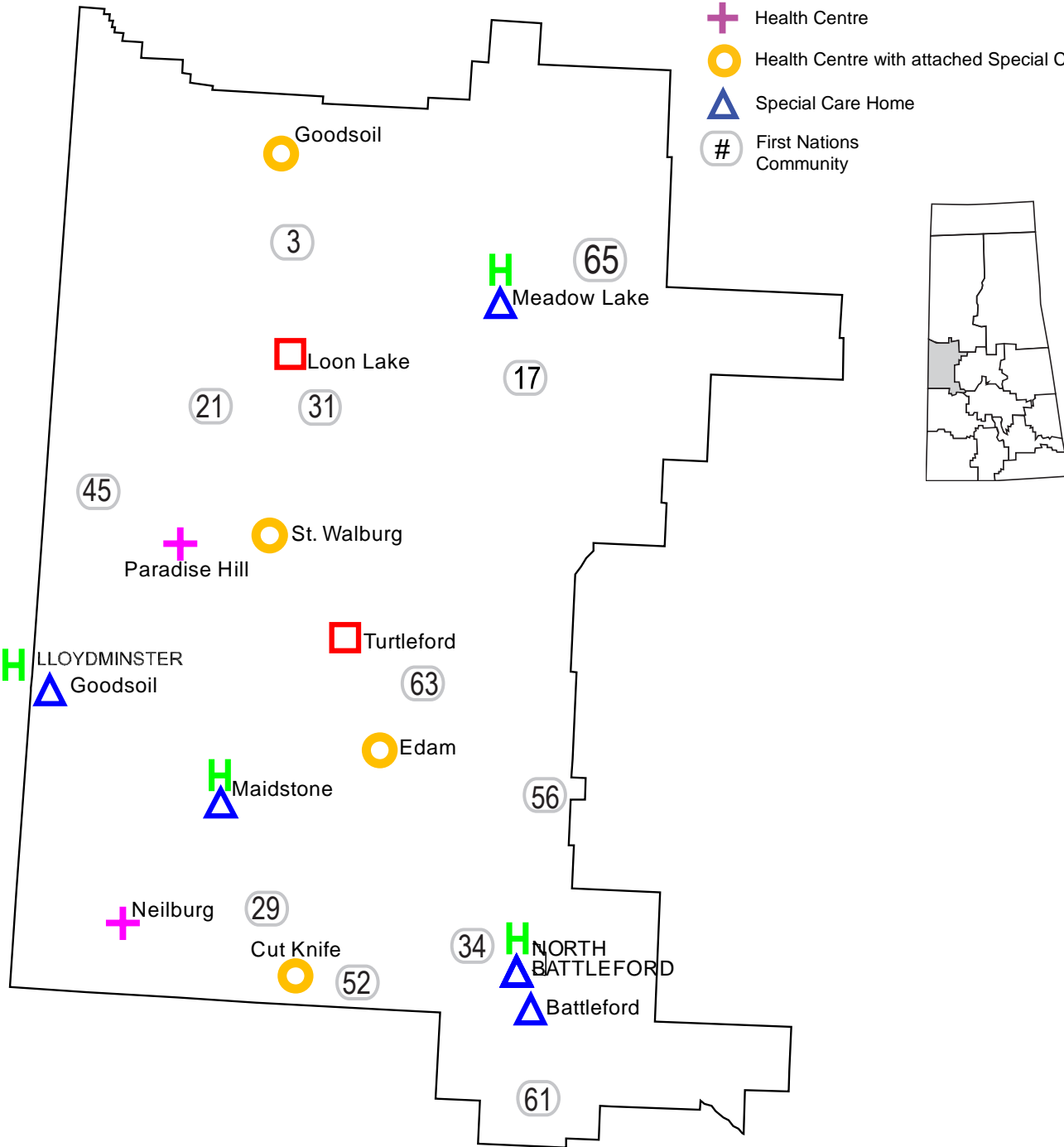
Fax: (306)425-5520

Prairie North Health Region

Map

LEGEND

-  Hospital
-  Hospital with attached Care Home
-  Health Centre
-  Health Centre with attached Special Care Home
-  Special Care Home
-  First Nations Community



Prairie North Health Region Contacts

Diabetes Education Centre

Suite 101 – 11427 Railway
Ave (Frontier Mall)
North Battleford, SK S9A 3G8

Community Health Services
Building;
3820 – 43rd Avenue
Lloydminster, SK S9V 1Y3

Meadow Lake Assoc. Clinic
218 Centre Street
Meadow Lake, SK S9X 1E6

Diabetes Education Rural (Maidstone, Turtleford, Neilburg, St. Walburg, Paradise Hill)

Maidstone Health Complex
214 – 5th Avenue East (Box 160)
Maidstone, SK S0M 1M0

Diabetes Nurse Educators

Lloydminster

Phone: (306) 820-6096
Fax: (306) 825-6256

Meadow Lake and Area

(Dorintosh, Goodsoil, Loon Lake, Makwa,
Pierceland, Rapid View)
Phone: (306) 236-1529
Fax: (306) 236-4355

North Battleford and Area

Phone: (306) 446-6430 (Reception)
Phone: (304) 446-6424 or
(306) 446-6404
Fax: (306) 446-7368

Rural - Maidstone

(Maidstone, Turtleford, Neilburg, St. Walburg,
Paradise Hill)
Phone : (306) 893-2622
Fax : (306) 893-4488

Dietitians

Lloydminster

Phone: (306) 820-6291 (outpatient)
Phone: (306) 820-6290 (outpatient/LTC)
Fax: (306) 820-6256

North Battleford

Reception: (306) 446-6430
Phone: (306) 446-6476 (outpatient)
Phone: (306) 446-6047 (outpatient/LTC)
Fax: (306) 446-7368

Phone: (306) 820-6056 (inpatient)
Fax: (306) 820-6124

Phone: (306) 446-6671 (inpatient)
Fax: (306) 446-6561

Meadow Lake

(Goodsoil, Loon Lake)
Phone : (306) 236-1528
Fax : (306) 236-4355

Rural - Maidstone (Maidstone, Turtleford, St.

Walburg, Cut Knife, Paradise Hill, Neilburg)
Phone: (306) 893-2622 ext. 7869
Fax: (306) 893-4488

Aboriginal Health Contacts for Prairie North Health Region

Meadow Lake Tribal Council
Flying Dust First Nation
Meadow Lake, SK S9X 1T8

#17 Flying Dust First Nation
#21 Island Lake First Nation
#32 Makwa Sahgaiehcan First Nation
#65 Waterhen Lake First Nation

Flying Dust First Nation Health Centre
Phone: (306) 236-9501
Fax: (306) 236-2853

Island Lake First Nation Health Centre
Phone: (306) 837-2265
Fax: (306) 837-4480

Makwa Sahgaiehcan First Nation Health Centre
Phone: (306) 837-2208
Fax: (306) 837-4469

Waterhen Lake First Nation Treatment Centre
Phone: (306) 236-3151
Fax: (306) 236-6377

Battle River Treaty 6 Health Centre
1102 – 101st Street, PO Box 1658
North Battleford, SK S9A 3W2

#30 Little Pine First Nation (Cutknife/Paynton)
#35 Moosomin First Nation (Cochin)
#53 Poundmaker First Nation (Cutknife/Paynton)
#62 Sweet Grass First Nation (Gallivan)

Diabetes Nurse Educator
Phone: (306) 937-6700
Fax: (306) 445-3489

Exercise Therapist
Phone: (306) 937-6700
Fax: (306) 445-3489

Dietitian
Phone: (306) 937-6700
Fax: (306) 445-3489

Unaffiliated First Nations in the Prairie North Health Region

#3 Big Island Lake Cree Nation

#46 Onion Lake First Nation

#57 Saulteaux Nation (Cochin)

#63 Thunderchild First Nation

Onion Lake Health Centre

Diabetes Nurse Educator

Phone: (306) 344-2330 Ext. 281

Fax: (306) 344-4762

Onion Lake Health Centre

Dietitian

Phone: (306) 344-2330 Ext 284

Fax: (306) 344-4762

Big Island Health Centre

Phone: (306) 839-2330

Fax: (306) 839-4556

Saulteaux Health Centre

Phone: (306) 386-1039

Fax: (306) 386-1222

Thunderchild Health Centre

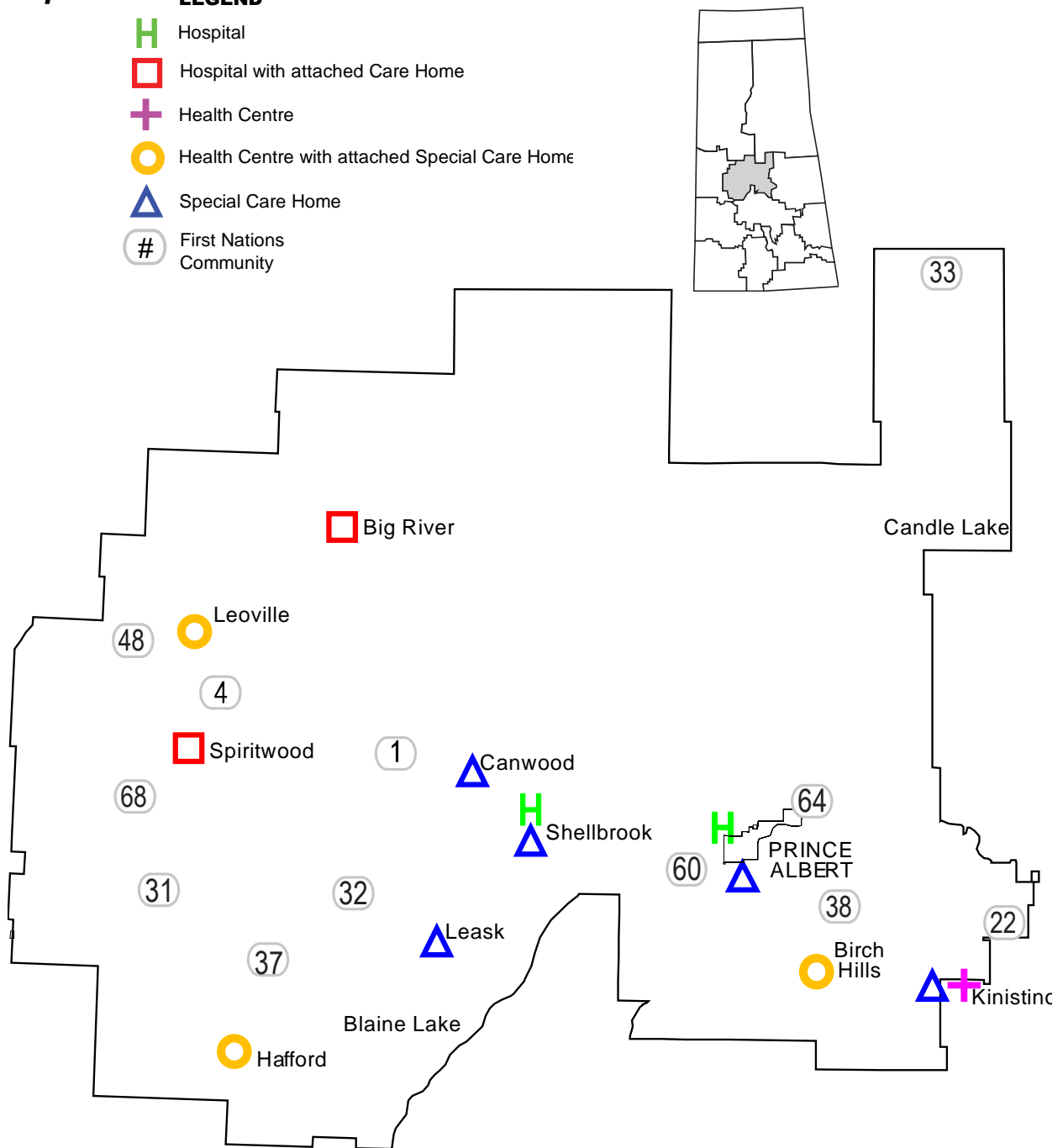
Phone: (306) 845-4330

Fax: (306) 845-2978

Prince Albert Parkland Health Region

Map

- LEGEND**
-  Hospital
 -  Hospital with attached Care Home
 -  Health Centre
 -  Health Centre with attached Special Care Home
 -  Special Care Home
 -  First Nations Community



Prince Albert Parkland Health Region Contacts

Diabetes Education Centre – Diabetes Nurse Educators, Dietitian & Pharmacist

Prince Albert Parkland Health Region
1521 – 6th Avenue West
Prince Albert, SK S6V 5K1
Phone: (306) 765-6464
Fax: (306) 765-6624

Satellite Diabetes Centres

Shellbrook Primary Health Care Clinic

Phone: (306) 747-2552
Fax: (306) 747-2141

Birch Hills Health Centre

Phone : (306) 749-3331
Fax : (306) 749-2440

Aboriginal Health Contacts for Prince Albert Parkland Health Region

Battlefords Tribal Council Indian Health Services

1102 – 101st Street, PO Box 1658
North Battleford, SK S9A 3W2

#31 Lucky Man First Nation

Diabetes Nurse Educator

Phone: (306) 937-6700
Fax: (306) 445-3489

Dietitian

Phone: (306) 937-6700
Fax: (306) 445-3489

Prince Albert Grand Council

Box 2410
Prince Albert, SK S6V 7G3

#22 James Smith Cree Nation

#34 Montreal Lake Cree Nation

#61 Sturgeon Lake First Nation

#64 Wahpeton Dakota First Nation

Diabetes Nurse Educator

Phone: (306) 953-7253
Fax: (306) 763-6611

Dietitian

Phone: (306) 953-7248
Fax: (306) 922-2955

Saskatoon Tribal Council

Prince Albert Parkland Health Region

200 – 335 Packham Avenue
Saskatoon, SK S7N 4S1

#33 Mistawasis First Nation
#38 Muskeg Lake Cree Nation
#39 Muskoday First Nation

Muskeg Lake Cree Nation Health Clinic
Phone: (306) 466-4914
Fax: (306) 466-4919

Mistawasis First Nation Health Clinic
Phone: (306) 466-4720 Ext 261
Fax: (306) 466-4744

Muskoday First Nation Clinic
Phone: (306) 764-6737
Fax: (306) 764-8507

Dietitian
(For above First Nation Communities)
Phone: (306) 956-6142
Fax: (306) 956-0307

Agency Chiefs Tribal Council
Box 327
Spiritwood, SK S0J 2M0

#4 Big River First Nation
#49 Pelican Lake First Nation
#68 Witchehan Lake First Nation

Agency Chiefs Tribal Council
Aboriginal Diabetes Coordinator
Phone: (306) 883-3880
Fax: (306) 883-3888

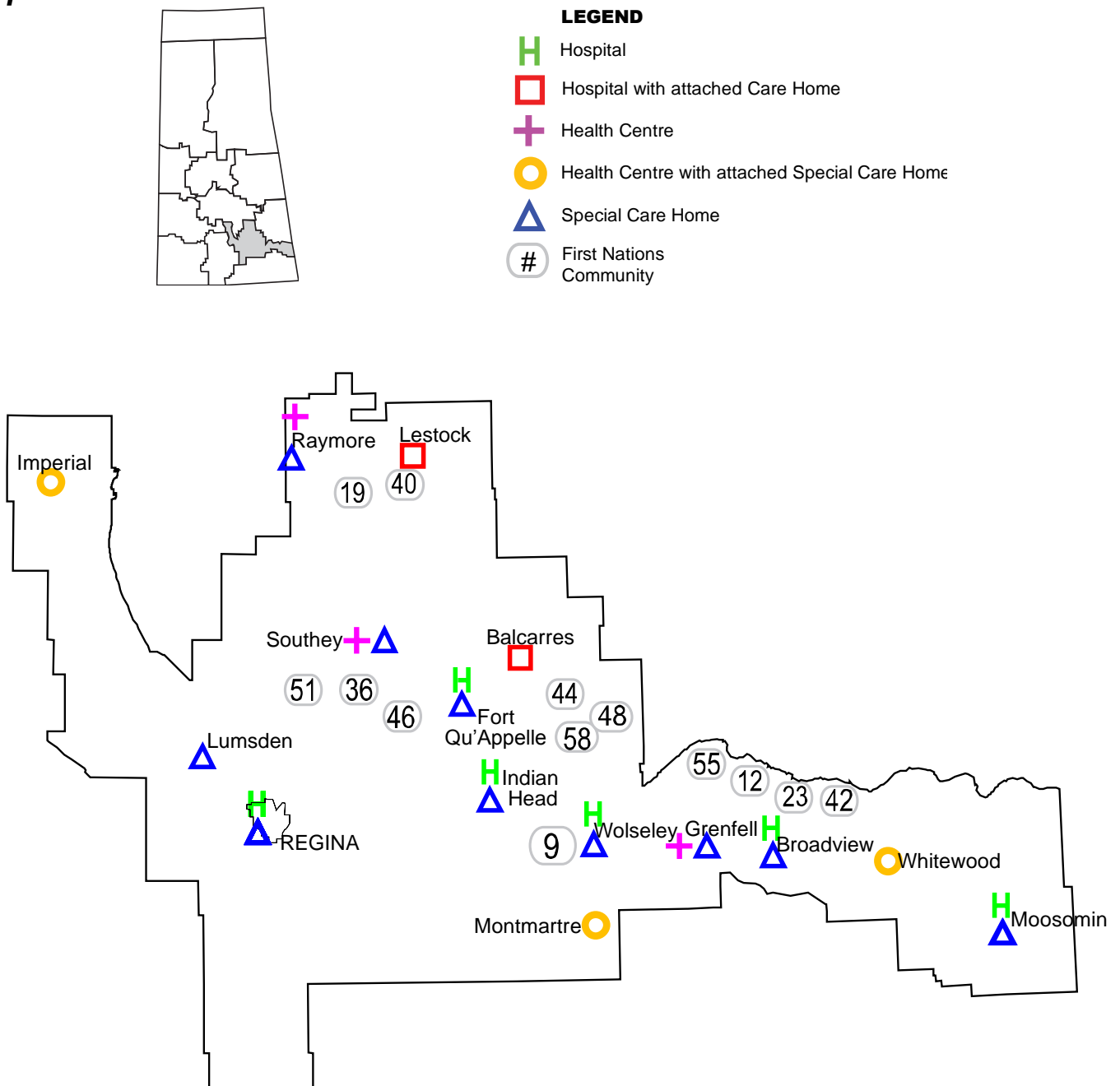
#1 Ahtahkakoop First Nation

Ahtahkakoop First Nation Health Centre
Phone: (306) 468-2747
Fax: (306) 468-2967
Toll Free: 1-800-807-6072

Forward All Referrals to Dietitian and to Nurse at the First Nation Health Centre

Regina Qu'Appelle Health Region

Map



Regina Qu'Appelle Health Region Contacts

Metabolic & Diabetes Education Centre

(MEDEC)

Medical Office Wing – 2nd floor

Regina General Hospital

1440 – 14th Avenue

Regina, SK S4P 0W5

Grenfell Health Centre

Box 243

Grenfell, SK S0G 2B0

Diabetes Education Program

Fort Qu'Appelle Community Health Services
Centre

Box 1819

Fort Qu'Appelle, SK S0G 1S0

Diabetes Nurse Educators**Regina**

MEDEC

Phone: (306) 766-4540

Fax: (306) 766-4178

Email: medec@rqhealth.ca

**Touchwood Qu'Appelle: Fort Qu'Appelle
(Balcarres, Lestock, Raymore)**

Phone: (306) 332-3300

Fax: (306) 332-1226

Rural East: Grenfell

**(Broadview, Indian Head, Moosomin,
Whitewood, Wolsley)**

Phone: (306) 697-4007

Fax: (306) 697-2686

Pharmacist Diabetes Educators**Regina**

Pharmacist Manager, CDE

London Drugs

Phone: (306) 546-1600

Rural East: Moosomin

Pharmacist/CDE

Phone: (306) 435-6265

Fax: (306) 435-4245

Regina

Pharmacy/ CDE

Shoppers Drugmart – Landmark Centre

Phone: (306) 777-8040

Fax: (306) 777-8047

Dietitians

Regina

MEDEC

Phone: (306) 766-4540

Fax: (306) 766-4178

Email: medec@rqhealth.ca

Touchwood Qu'Appelle: Fort Qu'Appelle (Balcarres, Lestock, Raymore)

Phone: (306) 332-3303

Fax: (306) 332-1226

Rural East: Grenfell

(Broadview, Indian Head, Moosomin,
Whitewood, Wolseley)

Phone: (306) 697-4037

Fax: (306) 697-2556

Aboriginal Health Contacts for Regina Qu'Appelle Health Region

File Hills Qu'Appelle Tribal Council

Box 985

Fort Qu'Appelle, SK S0G 1S0

#9 Carry the Kettle First Nation

#37 Muscowpetung First Nation

#44 Okanese First Nation

#47 Pasqua First Nation

#48 Peepeekisis First Nation

#52 Piapot First Nation

#59 Standing Buffalo Dakota First Nation

Diabetes Nurse Educator

Phone: (306) 332-2618

Fax: (306) 332-2655

Dietitian

Phone: (306) 332-2448

Fax: (306) 332-3790

Unaffiliated First Nations in the Regina Qu'Appelle Health Region

Outside Aboriginal Community Service:

* Fort Qu'Appelle – All Nation's Healing Hospital (Inpatients)

Yorkton Tribal Council

21 Bradbrooke Drive North

Yorkton, SK S3N 3R1

#12 Cowessess First Nation

#23 Kahkewistahaw First Nation

#56 Sakimay First Nation

Regina Health Region

Diabetes Nurse Educator

Phone: (306) 782-3644

Fax: (306) 786-6264

Dietitian

Phone: (306) 782-3644

Fax: (306) 786-6264

Touchwood Agency Tribal Council

Box 280

Punnichy, SK S0A 3C0

#19 Gordon First Nation

#88 Kawacatoose First Nation

#40 Muskowekwan First Nation

Gordon First Nation Health Centre

Phone: (306) 835-2020

Fax: (306) 835-2142

Muskowekwan First Nation Health Centre

Phone: (306) 274-4640

Fax: (306) 274-4644

#88 Kawacatoose First Nation Health Centre

Phone: (306) 835-2466

Fax: (306) 835-2630

#43 Ochapowace First Nation – Unaffiliated

Phone: (306) 696-3557

Fax: (306) 696-3446

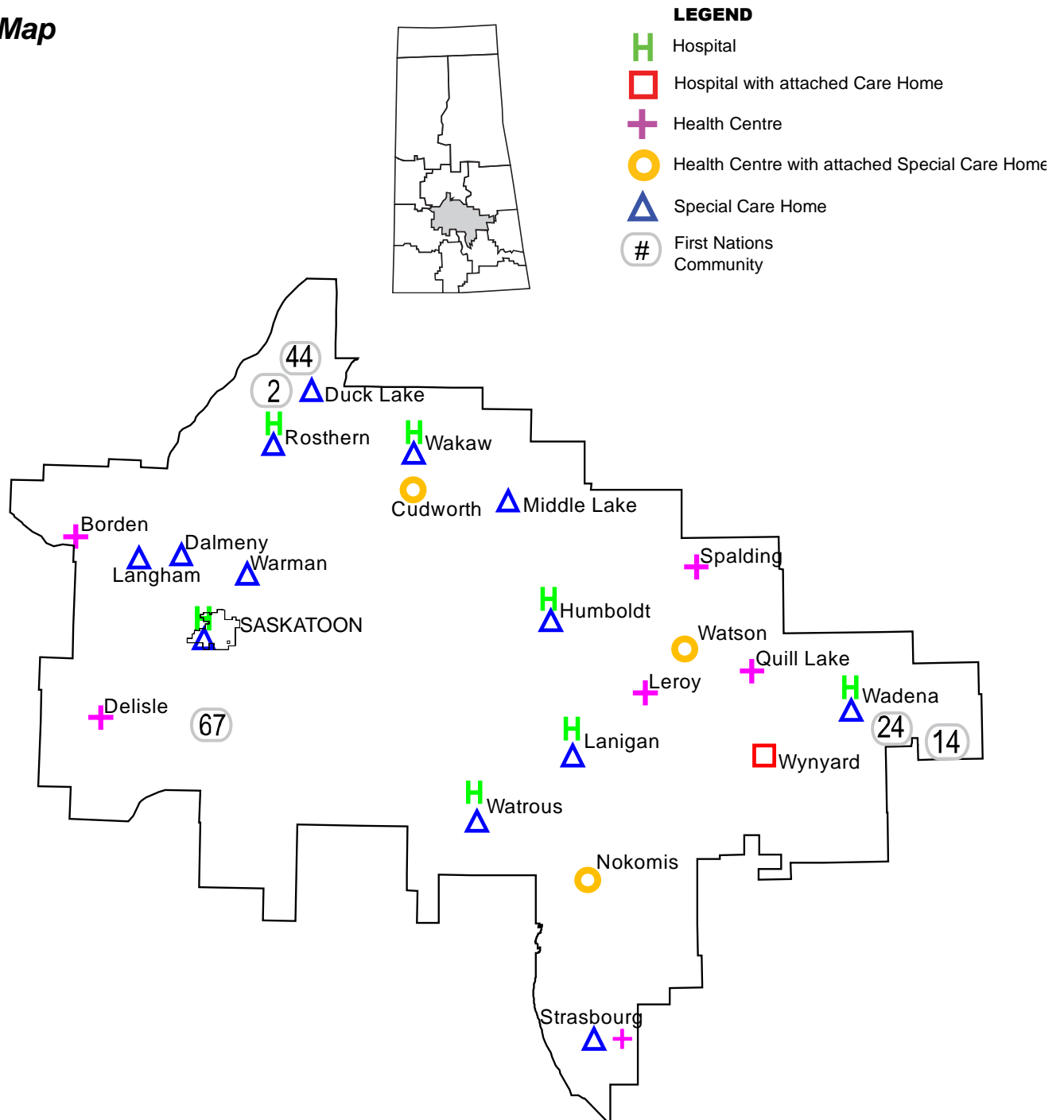
Dietitian

Phone: (306) 835-2972

Fax: (306) 835-2974

Saskatoon Health Region

Map



Saskatoon Health Region Contacts

Saskatoon Health Region

LiveWell Chronic Disease Management
LiveWell Diabetes Program
#1, Royal University Hospital
103 Hospital Drive
Saskatoon, SK S7N 0W8

How to Refer

Fax:

Fax referrals for all diabetes programs,
urban & rural to central triage.

This includes referrals for dietitian, nurse,
exercise, and physician specialists
(Saskatoon only).

Central Triage Fax (306) 655-6758

Phone:

Urban (Saskatoon)
(306) 655-2136

Rural (Humboldt and area)
(306) 682-7070

Website:

More detailed information about programs
and referral forms located on
www.saskatoonhealth.region.ca - search
Chronic Disease Management.

Aboriginal Health Contacts for Saskatoon Health Region

Saskatoon Tribal Council Health and Family Services Inc.

200 – Packham Avenue
Saskatoon, SK S7N 4S1

#45 One Arrow First Nation

#67 Whitecap Dakota First Nation

** Forward All Referrals to Dietitian and to Nurse at the First Nation Health Centre**

One Arrow First Nation Clinic

Phone: (306) 423-5493
Fax: (306) 423-5441

Whitecap Dakota First Nations Health Centre

Phone: (306) 373-4600
Fax: (306) 343-8855

Dietitian

Saskatoon Tribal Council

Phone: (306) 956-6142
Fax: (306) 956-0307

#2 Beardy's and Okemasis First Nation – Unaffiliated

Dietitian

Willow Cree Health Centre

Phone: (306) 467-4402 or 382-3274
Fax: (306) 467-4609

Dietitian

Touchwood Agency Tribal Council

Box 280
Punnichy, SK S0A 2C0
Phone: (306) 835-2972
Fax: (306) 835-2974

#14 Day Star First Nation

#88 Kawacatoose First Nation

Daystar Health Centre

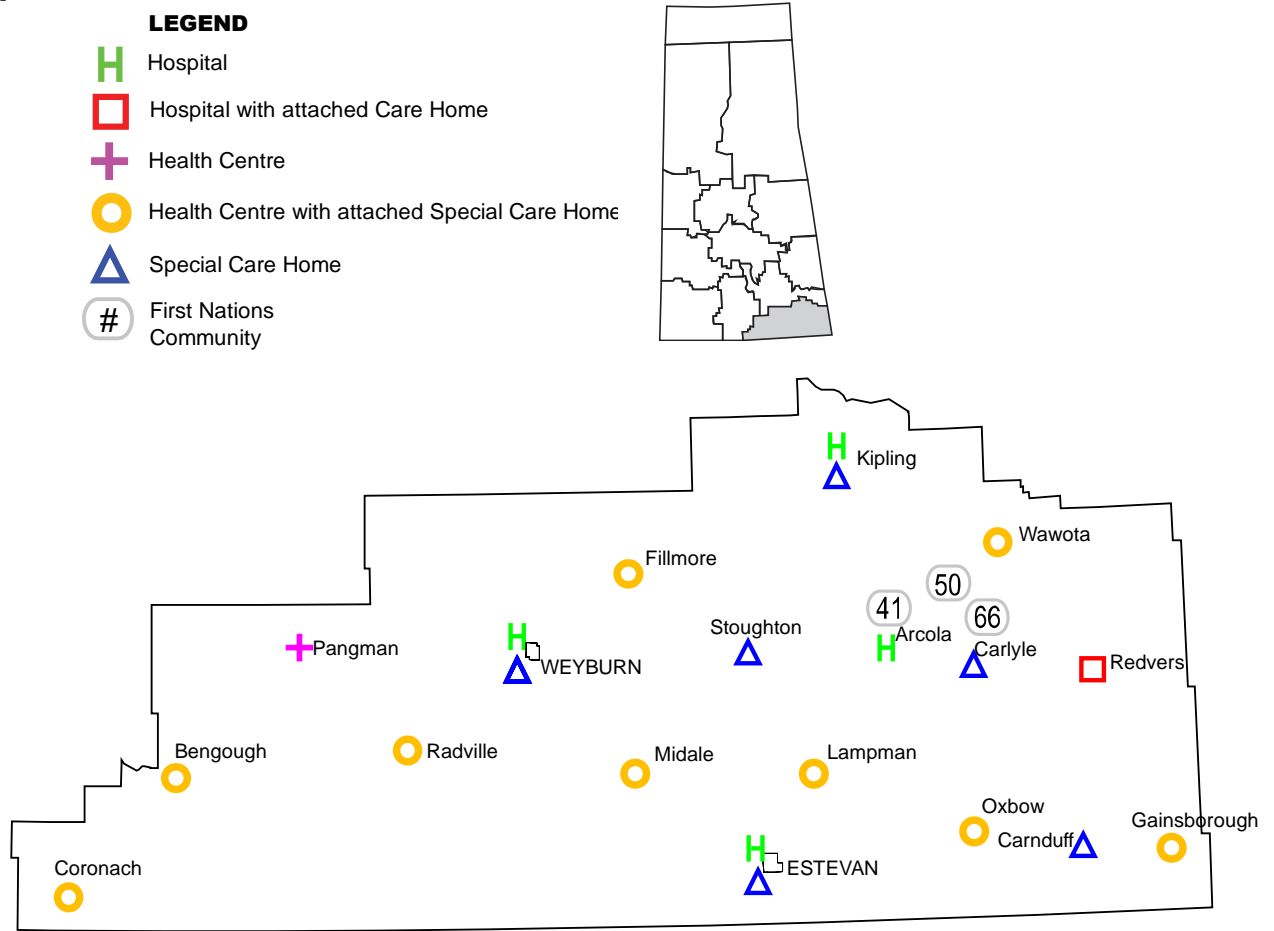
Phone: (306) 835-2883
Fax: (306) 835-2532

Kawacatoose Health Centre

Phone: (306) 835-2466
Fax: (306) 835-2630

Sun Country Health Region

Map



Sun Country Health Region Contacts

Diabetes Nurse Educator

Carlyle and Area

Phone: (306) 453-2075

Fax: (306) 453-6799

Estevan and Area

Phone : (306) 637-2415

Fax : (306) 637-2492

Weyburn and Area

Phone: (306) 848-8425

Fax: (306) 842-0737

Diabetes Resource Nurses

*Home Care Nurses throughout SCHR have been trained for diabetes education – referrals to go directly to the Diabetes Resource Nurses**

Bengough (Ogema & Pangman)

Phone: (306) 268-2102

Fax: (306) 268-4339

Coronach (Big Beaver & Fife Lake)

Phone: (306) 267-2233

Fax: (306) 267-2327

Estevan

Phone: (306) 637-3630

Fax: (306) 637-2494

Gainsborough

Phone: (306) 685-2277

Fax: (306) 685-4636

Kipling (Glenavon to Kennedy)

Phone: (306) 736-2913

Fax: (306) 736-8185

Lampman

Phone: (306) 487-2562

Fax: (306) 487-3103

Midale (Halbrite, Macoun, & Torquay)

Phone: (306) 458-2446

Fax: (306) 458-2778

Oxbow

Phone: (306) 483-5047

Fax: (306) 483-5178

Radville

Phone: (306) 869-2722

Fax : (306) 869-2562

Redvers

Phone: (306) 452-3659

Fax: (306) 452-3556

Dietitians

Carlyle, Arcola, Kipling, Maryfield, Redvers, Wawota

Phone: (306) 453-2075

Fax: (306) 453-6799

Estevan and Oxbow

Phone: (306) 737-2415

Fax: (306) 637-2490

Weyburn, Fillmore, Lampman, Midale, Stoughton

Phone: (306) 842-8425

Fax: (306) 842-1433

Weyburn, Bengough, Coronach, Radville

Phone: (306) 848-2160

Fax: (306) 842-0737

Aboriginal Health Contacts for Sun Country Health Region

Sun Country Health Region

Box 670

Carlyle, SK S0L 0R0

#51 Pheasant Rump Nakota First Nation

#66 White Bear First Nation

NO CLINICS IN THE FIRST NATIONS COMMUNITY – clients are seen off reserve (ask client where their GP is located to determine appropriate referral location)

Diabetes Nurse Educator

Phone: (306) 453-2319

Fax: (306) 453-6799

Dietitian

Phone: (306) 453-2075

Fax: (306) 453-6799

Yorkton Tribal Council

21 Bradbrooke Drive North

Yorkton, SK S3N 3R1

#42 Ocean Man First Nation

Diabetes Nurse Educator

Phone: (306) 782-3644

Fax: (306) 786-6264

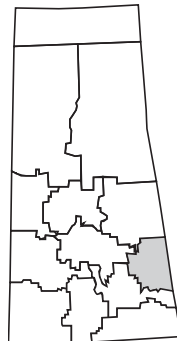
Dietitian

Phone: (306) 782-3644

Fax: (306) 786-6264

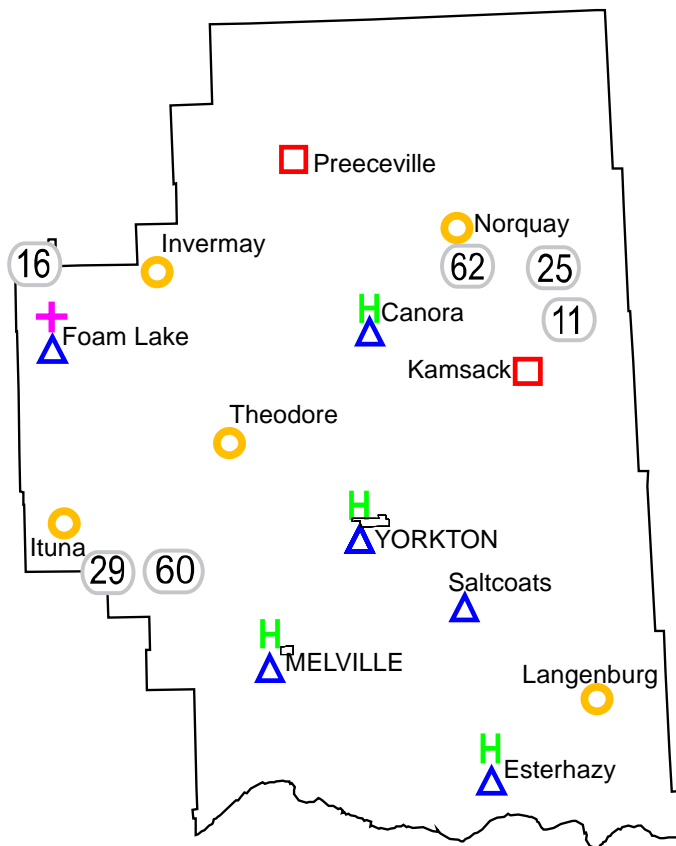
Sunrise Health Region

Map



LEGEND

-  Hospital
-  Hospital with attached Care Home
-  Health Centre
-  Health Centre with attached Special Care Home
-  Special Care Home
-  First Nations Community



Sunrise Health Region Contacts

Diabetes Education Program

#25 – 259 Hamilton Road
Yorkton, SK S3N 4C6

Diabetes Nurse Educator

Phone: (306) 786-6363
Fax: (306) 786-6364

Dietitians**Central (Yorkton)**

Phone: (306) 786-6363
Fax: (306) 786-6364

North (Canora)

Phone: (306) 563-1272
Fax: (306) 563-1251

South (Melville)

Phone: (306) 728-9202
Fax: (306) 728-4925

Aboriginal Health Contacts for Sunrise Health Region

File Hills Qu'Appelle Tribal Council

Box 985
Fort Qu'Appelle, SK S0G 1S0

#29 Little Black Bear First Nation**#60 Star Blanket Cree Nation****Diabetes Nurse Educator**

Phone: (306) 332-2618
Fax: (306) 332-2655

Dietitian

Phone: (306) 332-2448
Fax: (306) 332-3790

Touchwood Agency Tribal Council

Box 280
Punnichy, SK S0A 3C0

Dietitian

Phone: (306) 835-2972
Fax: (306) 835-2974

Sunrise Health Region

#16 Fishing Lake First Nation

Fishing Lake Health Centre

Phone: (306) 338-2680

Fax: (306) 338-3285

Yorkton Tribal Council

21 Bradbrooke Drive North

Yorkton, SK S3N 3R1

#74 Sakimay First Nation

Diabetes Nurse Educator

Phone: (306) 782-3644

Fax: (306) 786-6264

Dietitian

Phone: (306) 782-3644

Fax: (306) 786-6264

Other First Nations Dietitian Contacts

Al Ritchie Health Action Centre

325 Victoria Avenue
Regina, SK S4N 0P5
Phone: (306) 766-7660

Nutritionist
Phone: (306) 766-7656

Prenatal & Food Security

Phone: (306) 766-7664
Fax: (306) 766-7409

First Nations and Inuit Health Branch

Health Canada, Saskatchewan Region,
FNIHB, 18th Floor – 1920 Broad Street
Regina, SK S4P 3V2

Regional Nutritionist
Phone: (306) 780-5427
Fax: (306) 780-6026

Four Directions Community Health Centre

3510 – 5th Avenue
Regina, SK S4T 0M2

Nutritionist
Phone: (306) 766-7651
Fax: (306) 766-7534

Saskatoon Community Clinic

455 – 2nd Avenue North
Saskatoon, SK S7K 2C2

Nutritionist
Phone: (306) 664-4287
Fax: (306) 653-1417

Agency Chiefs Tribal Council

Box 327
Spiritwood, SK S0J 2M0

Dietitian
Phone: (306) 883-3880 Ext 256
Fax: (306) 883-3433

Beardy's & Okemasis First Nation

Box 340
Duck Lake, SK S0K 1J0
Phone: (306) 467-4523
Fax: (306) 467-4404

Dietitian
Phone: (306) 467-4402 or
(306) 382-3274

Saskatchewan Health Region Main Offices

Athabasca Health Authority

Box 124
Black Lake, SK S0J 0H0
General Enquiries - 306-284-4911

Cypress Health Region

429 - 4th Avenue NE
Swift Current, SK S9H 2J9
General Enquiries - 306-778-5100

Five Hills Health Region

445 Fairford Street East
Moose Jaw, SK S6H 1H3
General Enquiries - 306-694-0296 or
1-888-425-1111

Heartland Health Region

Box 2110
Rosetown, SK S0L 2V0
General Enquiries - 306-882-4111

Keewatin Yatthé Health Region

Box 40
Buffalo Narrows, SK S0M 0J0
General Enquiries - 306-235-2220

Kelsey Trail Health Region

Box 1780
Tisdale, SK S0E 1T0
General Enquiries - 306-873-3100 or
1-800-704-8395

Mamawetan Churchill River Health Region

Box 6000
La Ronge, SK S0J 1L0
General Enquiries - 306-425-2422

Prairie North Health Region

1092 - 107th Street
North Battleford, SK S9A 1Z1
General Enquiries - 306-446-6606

Prince Albert Parkland Health Region

2345 - 10th Avenue Wes, Box 5700
Prince Albert, SK S6V 7V6
General Enquiries - 306-765-6100 or
1-800-922-1834

Regina Qu'Appelle Health Region

2180 - 23rd Avenue
Regina, SK S4S 0A5
General Enquiries - 306-766-7792

Saskatoon Health Region

6th Floor, University Hospital
103 Hospital Drive
Saskatoon, SK S7N 0W8
General Enquiries - 306-655-1576

Sun Country Health Region

Box 2003
Weyburn, SK S4H 2Z9
General Enquiries - 306-842-8730 or
1-800-696-1622

Sunrise Health Region

Box 5027
Yorkton, SK S3N 3Z4
General Enquiries - 306-786-0100

First Nations Administrative Contacts	Telephone 306 area code	Fax 306 area code
First Nations		
Ahtahkakoop Cree Nation	468-2326	468-2344
Beardy's and Okemasis First Nation	467-4523	467-4404
Big Bear Band		
Big Island Lake Cree Nation	839-2277	839-2323
Big River First Nation	724-4700	724-2161
Birch Narrows First Nation	894-2030	894-2060
Black Lake Denesuline Nation	284-2044	284-2101
Buffalo River Dene Nation	282-2033	282-2101
Canoe Lake Cree First Nation	829-2150	829-2101
Carry the Kettle First Nation	727-2135	727-2149
Chacachas First Nation		
Chakastapaysin Band of the Cree Nation	864-3778	922-8580
Clearwater River Dene Nation	822-2021	822-2212
Cote First Nation	542-2694	542-3735
Cowessess First Nation	696-2520	696-2767
Cumberland House Cree Nation	888-2226	888-2084
Day Star First Nation	835-2834	835-2724
English River First Nation	396-2066	396-2155
Fishing Lake First Nation	338-3838	338-3635
Flying Dust First Nation	236-4437	236-3373
Fond du Lac Denesuline First Nation	686-2102	686-2040
Gordon First Nation	835-2232	835-2036
Hatchet Lake Denesuline Nation	633-2003	633-2040
Island Lake First Nation	837-2188	837-2266
James Smith Cree Nation	864-3636	864-3336
Kahkewistahaw First Nation	696-3291	696-3201
Kawacatoose First Nation	835-2125	835-2178
Keeseekoose First Nation	542-2012	542-2586
Key First Nation	594-2020	594-2545
Kinistin Saulteaux Nation	873-8188	873-5235
Lac La Ronge Indian Band	425-2183	425-2590
Little Black Bear First Nation	334-2269	334-2721
Little Pine First Nation	398-4942	398-2377
Lucky Man Cree Nation	374-2828	934-2853

First Nations (cont)	Telephone 306 area code	Fax 306 area code
Makwa Sahgaiehcan First Nation	837-2102	837-4448
Mistawasis First Nation	466-4800	466-2299
Montreal Lake Cree Nation	663-5349	663-5320
Moosomin First Nation	386-2206	386-2098
Mosquito, Grizzley Bear's Head, Lean Man First Nation	937-6120	937-3678
Muscowpetung First Nation	723-4747	723-4710
Muskeg Lake Cree Nation	466-4959 / 466-4950	466-4951
Muskoday First Nation	764-1282	764-7272
Muskowekwan First Nation	274-2061	274-2110
Nekaneet First Nation	662-3660	662-4160
Ocean Man First Nation	457-2679	457-2933
Ochapowace First Nation	696-3160	696-3146
Okanese First Nation	334-2532	334-2545
One Arrow First Nation	423-5900	423-5904
Onion Lake First Nation	(780) 847-2200	(780) 847-2226
Pasqua First Nation	332-5697	332-5199
Peepeekisis First Nation	334-2573	334-2280
Pelican Lake First Nation	984-2313	984-2029
Peter Ballantyne Cree Nation	632-2125	632-2275
Pheasant Rump Nakota First Nation	462-2002	462-2003
Piapot Cree Nation	781-4848	781-4853
Poundmaker Cree Nation	398-4971	398-2522
Red Earth First Nation	768-3640	768-3440
Red Pheasant First Nation	937-7717	937-7727
Sakimay First Nation	697-2831	697-3565
Saulteaux First Nation	386-2424 / 386-2067	386-2444
Shoal Lake Cree Nation	768-3551	768-3486
Standing Buffalo Dakota First Nation	332-4685	332-5953
Star Blanket Cree Nation	334-2206	334-2606
Sturgeon Lake First Nation	764-1872	764-1877
Sweetgrass First Nation	937-2990	937-7010
Thunderchild First Nation	845-4300	845-3230
Wahpeton Dakota Nation	764-6649	764-6637
Waterhen First Nation	236-6717	236-4866
White Bear First Nation	577-2461 / 577-4553	577-2496 / 577-4363
Whitecap Dakota First Nation	477-0908	374-5899
Witchekan Lake First Nation	883-2787	883-2008

First Nations (cont)	Telephone 306 area code	Fax 306 area code	
Yellow Quill First Nation	322-2281	322-2304	
Young Chippewayan First Nation	937-7475	937-2510	
Tribal Council			
Agency Chiefs Tribal Council	883-3880	883-3336	
Battlefords Tribal Council	445-1383	446-0612 / 937-7797	
File Hills Qu'Appelle Tribal Council	332-8200	332-1811	
Meadow Lake Tribal Council	236-5654	236-6301	
Prince Albert Grand Council	953-7200	764-6272 / 953-1045	
Saskatoon Tribal Council	956-6100	244-7273	
Touchwood Agency Tribal Council	835-2937	835-2198	
Yorkton Tribal Council	782-3644	786-6264	
Provincial Organizations			
Federation of Saskatchewan Indians	Regina:	721-2822	721-2707
	Saskatoon:	665-1215	244-4413
Office of Treaty Governance Processes	or:	667-1876	477-5115

For more information, contact the First Nations (listed above) or Indian and Northern Affairs Canada, 2221 Cornwall Street, Regina, SK S4P 4M2, Phone: 306-780-5392

First Nations Communities

Reserves Serviced (Nearest Town/City)

Birch Narrows (Turner Lake)
 Black Lake Dene Nation (Stony Rapids/Black Lake)
 Buffalo River (Dillon)
 Canoe Lake (Canoe Narrows)
 Clearwater River (La Loche)
 Cote First Nation (Kamsack)
 Cumberland House First Nation (Cumberland House)
 English River (Patuanak)
 Flying Dust (Meadow Lake)
 Fond du Lac Dene Nation (Fond du Lac)
 Hatchet Lake Dene Nation (Wollaston Lake)
 Island Lake (Loon Lake)
 James Smith Cree Nation (Melfort/Kinistino)
 Kahkewistahaw First Nation (Broadview)
 Kawacatoose First Nation (Raymore)
 Keeseekoose First Nation (Kamsack)
 Key First Nation (Norquay)
 Kinistin Saulteaux Nation (Tisdale/Melfort)
 Lac LaRonge Indian Band (LaRonge/Grandmother's Bay/Sucker River/Hall Lake/Stanley Mission)
 Little Black Bear (Balcarres)
 Little Pine First Nation (Cutknife/Paynton)
 Little Red (Prince Albert/Christopher Lake)
 Lucky Man First Nation
 Makwa Sahgaiehcan (Loon Lake)
 Mathias Colomb (Sandy Bay)
 Mistawasis First Nation (Leask/Shellbrook/Prince Albert)

Agency Providing Health Services

Meadow Lake Tribal Council
 Prince Albert Grand Council
 Meadow Lake Tribal Council
 Meadow Lake Tribal Council
 Meadow Lake Tribal Council
 Yorkton Tribal Council
 Prince Albert Grand Council
 Meadow Lake Tribal Council
 Meadow Lake Tribal Council
 Prince Albert Grand Council
 Prince Albert Grand Council
 Meadow Lake Tribal Council
 Prince Albert Grand Council
 Yorkton Tribal Council
 Touchwood Agency Tribal Council
 Yorkton Tribal Council
 Yorkton Tribal Council
 Saskatoon Tribal Council
 Mamawetan Churchill River Health Authority
 File Hills Qu'Appelle Tribal Council
 Battlefords Tribal Council
 Prince Albert Grand Council
 Battlefords Tribal Council
 Meadow Lake Tribal Council
 Mamawetan Churchill River Health Authority
 Saskatoon Tribal Council

Reserves Serviced (Nearest Town/City)

Montreal Lake Cree Nation (Montreal Lake)
 Moosomin First Nation (Cochin)
 Mosquito First Nation (Cando)
 Muscowpetung (Fort Qu'Appelle)
 Muskeg Lake Cree Nation
 (Marcelin/Leask/Shellbrook)
 Muskoday First Nation (Muskoday/Prince Albert)
 Nekaneet (Maple Creek)
 Ocean Man (Stoughton)
 Ochapowace First Nation (Broadview)
 Okanese (Balcarres)
 One Arrow First Nation (Bellevue/Wakaw/Rosthern)
 Onion Lake First Nation (Lloydminster)
 Pasqua (Fort Qu'Appelle)
 Peepeekisis (Balcarres)
 Peter Ballantyne Cree Nation (Sandy Bay/Southend)
 Pheasant Rump (Kisbey)
 Piapot (Zehner)
 Poundmaker First Nation (Cutknife/Paynton)
 Red Earth Cree Nation (Nipawin Region)
 Red Pheasant First Nation (Cando)
 Sakimay First Nation (Grenfell)
 Saulteaux Nation (Cochin)
 Shoal Lake Cree Nation (Nipawin Region)
 Standing Buffalo (Fort Qu'Appelle)
 Star Blanket (Balcarres)
 Sturgeon Lake First Nation (Prince Albert/Shellbrook)
 Sweet Grass First Nation (Gallivan)
 Wahpeton Dakota Nation (Prince Albert)
 Waterhen Lake (Waterhen Lake)

Agency Providing Health Services

Prince Albert Grand Council
 Battlefords Tribal Council
 Battlefords Tribal Council
 File Hills Qu'Appelle Tribal Council
 Saskatoon Tribal Council
 Saskatoon Tribal Council
 File Hills Qu'Appelle Tribal Council
 Sun Country Health Region & Yorkton Tribal
 Council
 Yorkton Tribal Council
 File Hills Qu'Appelle Tribal Council
 Saskatoon Tribal Council
 Onion Lake Health Board
 File Hills Qu'Appelle Tribal Council
 File Hills Qu'Appelle Tribal Council
 Mamawetan Churchill River Health Authority
 Sun Country Health Region
 File Hills Qu'Appelle Tribal Council
 Battlefords Tribal Council
 Prince Albert Grand Council
 Battlefords Tribal Council
 Yorkton Tribal Council
 Battlefords Tribal Council
 Prince Albert Grand Council
 File Hills Qu'Appelle Tribal Council
 File Hills Qu'Appelle Tribal Council
 Prince Albert Grand Council
 Battlefords Tribal Council
 Prince Albert Grand Council
 Meadow Lake Tribal Council

Reserves Serviced (Nearest Town/City)

White Bear (Carlyle)

Whitecap Dakota First Nation (Saskatoon)

Wood Mountain (Wood Mountain)

Yellow Quill First Nation (Yellow Quill/Kelvington/
Tisdale/Melfort)

Agency Providing Health Services

Sun Country Health Region

Saskatoon Tribal Council

File Hills Qu'Appelle Tribal Council

Saskatoon Tribal Council



www.saskatchewan.ca/live/health-and-healthy-living/health-topics-awareness-and-prevention/diseases-and-disorders/diabetes

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