

Practice Enhancement Program

GUIDELINES FOR CHART REVIEW

CARDIOVASCULAR RISK FACTOR MANAGEMENT

Significant risk factors are:

Family History

1. Is there evidence that a family history has been taken and the patient informed if there is a risk? Always Mostly Sometimes Never

Obesity

2. Is there evidence that the patient has been weighed Always Mostly Sometimes Never
3. Are overweight patients given information or diet advice? Always Mostly Sometimes Never
4. Is BMI measured as opposed to only weight measurement? Always Mostly Sometimes Never
5. Is waist circumference measured? Always Mostly Sometimes Never

Smoking

6. Is there evidence that the physician has inquired about smoking history and if necessary counselled smoking cessation, with advice on quitting strategies? Always Mostly Sometimes Never

Sedentary Lifestyle

7. Is there evidence of advice on exercise counselling for all patients? Always Mostly Sometimes Never

Elevated Lipids

8. Is there evidence of cholesterol estimation in appropriate groups (family history, post-menopausal women, men over 50) Always Mostly Sometimes Never
9. Is diet advice given? Always Mostly Sometimes Never
10. Are optimal lipid values based on risk score? Always Mostly Sometimes Never

Diabetes

11. Is there evidence of blood sugar levels/HbA1c being checked, particularly in patients with a family history? Always Mostly Sometimes Never

Hypertension

12. Is there evidence that blood pressure is checked periodically Always Mostly Sometimes Never